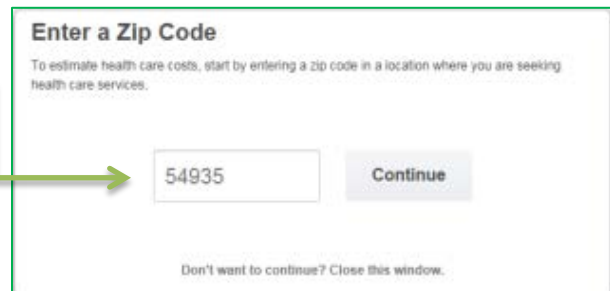


How to Use myHCE Tool for United Healthcare Choice Plus members:



You can begin using myHCE right away by visiting umr.com and logging into your member site. Just look for the shopping cart icon on your personal home page.

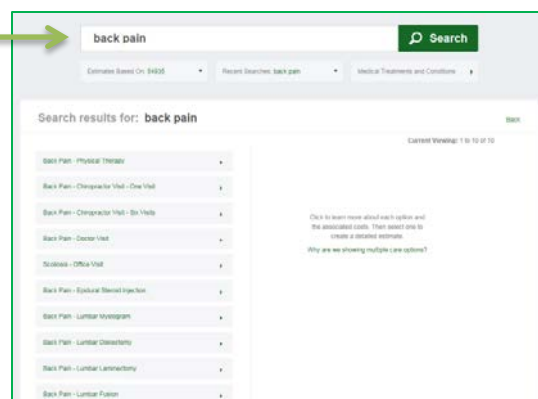
- 1. Confirm your preferred location**
Personalize your estimate and provider options by confirming the ZIP code where you are seeking treatment.



- 2. Select “Get Started”**
Read and accept the terms and conditions of the tool. This will bring you to the myHCE homepage where you can view a video tutorial.



- 3. Search for a service**
Find the treatment or service that applies to you by entering a search term and reviewing a list of options.



4. Learn more about the service or treatment

Find out about the in-network average costs, risks, benefits and other details related to the service. Then click “Continue”

Search results for: back pain

Current Viewing: 1 to 10 of 10

Back Pain - Physical Therapy
Back Pain - Chiropractor Visit - One Visit
Back Pain - Chiropractor Visit - Six Visits
Back Pain - Doctor Visit
Scallops - Office Visit
Back Pain - Epidural Steroid Injection
Back Pain - Lumbar Myelogram
Back Pain - Lumbar Discectomy
Back Pain - Lumbar Laminectomy
Back Pain - Lumbar Fusion

Back Pain - Doctor Visit
A history, physical exam, evaluation and treatment of back pain by a healthcare provider.

Average Cost in Your Area
The local average is determined by your health plan and the average cost of the plan's network providers near 54935

Cost of Care
\$130

\$110 Below Average | \$138 Above Average

Why Provider Costs Vary

Continue

What is it?
What Do I Need to Know?
Risks, Benefits and More Information

5. Research and Compare doctors

Look for a doctor based on quality and cost information in your preferred location. You can compare multiple doctors to find one that suits you.

Back Pain - Doctor Visit

Your Out-of-Pocket Based on Your Plan: \$0 | Network Total Cost: \$130 | Health Plan Pays: \$130

Final Estimate

Back Pain - Doctor Visit

Refine Your Search | Compare

Your search returned 100 physicians ranging from: \$68 - \$207

Firas Zahwe, MD MAYVILLE MEDICAL CENTER
Add to Compare

UnitedHealth Premium® Tier 1 | Hospitalist | 0.00 Miles from 54935, Fond Du Lac, WI | Network

Local Average	This Physician	Health Plan Pays	Your Out-of-Pocket
\$130	\$90	\$90	\$0

Select Physician | Make to Next Step

More information about this physician

Peter Jerome, MD FOX VALLEY CHEST CONSULTANTS
Add to Compare

UnitedHealth Premium® Tier 1 | Critical Care Medicine | 0.00 Miles from 54935, Fond Du Lac, WI | Network

Local Average	This Physician	Health Plan Pays	Your Out-of-Pocket
\$130	\$107	\$107	\$0

Select Physician | Make to Next Step

6. Select a doctor

Personalize your estimate even more by choosing the doctor that meets your needs.

Compare Back Pain - Doctor Visit

Remove	Remove
Firas Zahwe MD MAYVILLE MEDICAL CENTER 432 E Division St Fond Du Lac, WI 54925 (920) 829-2392 4 Location(s)	Peter Jerome MD FOX VALLEY CHEST CONSULTANTS 401 E Division St Ste 103 Fond Du Lac, WI 54925 (920) 223-8100 3 Location(s)
Remove	Select
Internal Medicine Quality & Cost Efficiency	Family Medicine Quality & Cost Efficiency
UnitedHealth Premium® Tier 1	UnitedHealth Premium® Tier 1
Specialty Hospitalist Internal Medicine	Critical Care Medicine General Practice Hospitalist Radiology

7. View your final cost estimate
You will now have an estimate based on your location, provider and remaining out-of-pocket cost.

The screenshot shows a web interface for a cost estimator. At the top, it displays 'Back Pain - Doctor Visit' and 'Your Out-of-Pocket: Based on Your Plan \$0'. Below this, there are two tabs: 'Step 1: Find Dates' and 'Final Estimate'. The 'Final Estimate' tab is active, showing 'Your Final Estimate: Back Pain - Doctor Visit'. A table lists the following items:

Estimated Duration of Your Treatment:	1 Day
Total Cost (Network):	\$90
Estimated Out-of-Pocket Cost:	\$0*

A green arrow points from the text 'View your final cost estimate' to the 'Estimated Out-of-Pocket Cost' row in the table. To the right of the table, there is a 'Great Work' section with instructions to review the cost breakdown and print the estimate. At the bottom, a 'Total Estimate' section shows '1 Day Average Total Treatment Duration' and 'Total Network Cost of Campaign: \$90'.

**The costs provided in this tool are estimates only and are not a guarantee of payment or benefits. It is possible your actual cost will be higher or lower than the estimate.*