

## Raw Kohlrabi and Grapefruit Salad

-2 medium kohlrabi, peeled and thinly sliced  
-1 big ripe and juicy grapefruit (segments & juice)  
-1/3 cup pomegranate arils (seeds)  
-1/2 tsp honey  
-a pinch of salt & black pepper  
-a pinch of fresh herb (thyme/basil/mint)

-In a bowl, add all ingredients. Mix and refrigerate to develop flavors. Serve chilled or room temperature.

Nutrition Facts: 319 Calories, 28 Carbs, 1g Fat, 2g Protein, 1173mg Sodium, 19g Sugar