



EXPLORE THE APP EXPERIENCE

HEALTH ASSESSMENT*:

Access your Health Assessment on the go.

ACTIVITY TRACKING:

Report and track your goals from an easy-to-use interface.

WEB EXPERIENCE:

Connect to your full Web Experience and review all of your wellness tools, including your incentive progress.

COURSES:

Gain access to informative wellness courses directly from your smart phone.

MINI CHALLENGES:

Report your daily Mini Challenges directly from the Home screen.

HEALTHKIT INTEGRATION:**

Turn on Apple HealthKit from within the app and keep your device data in sync.

*Some requirements may need to be filled on the web portal before taking the Health Assessment in the app.

**iOS Only

Features shown in images may or may not apply based on your employer's configuration.



GET THE APP NOW!

Activating the app is an easy three-step process:

- 1. Download Asset Health Mobile from the App Store or Google Play.
- 2. Open the app, tap **Begin Activation**, then follow the instructions to enter the authorization token and the email address associated with your wellness account. (You will need to sign into your wellness account on your desktop or mobile device to complete the authorization process.)
- 3. Set your four-digit PIN. You will use this PIN to access your app from now on.

Questions? Contact support@assethealth.com.

