

# Asset Health Updates for 2021 Health Plan Incentive

In these unprecedented times, the **Grande Health & Wellness Program** is taking steps to ensure you can earn your medical premium discount.

Grande has made the difficult decision to cancel our biometric screening event (HRA)\* for 2020 out of a concern for safety and consistency with our other COVID 19 policies. We understand the impact this has on your 2021 wellness incentive and have made the following changes to help you earn your medical premium discount through Asset Health and still reach your wellness goals.

Please see the program changes for 2020 outlined below.

- **Points Requirement** - Total points required to earn the 2021 wellness incentive has been lowered from 500 to 350.
- **Health Assessment** - The point value of the Health Assessment questionnaire has increased from 50 to 150. Understanding your current level of health is a vital first step in healthy behavior change. Increasing the value of the Health Assessment, given the exclusion of the biometrics from the Asset Health program, continues to promote the opportunity to personally assess your current health status and plan out your wellness goals accordingly.
- **Wellness Challenges** - The point value of wellness challenges has increased from 25 to 50.

*Note: Previously completed activities will automatically have their point values adjusted to reflect the above changes.*

## Already On Track for 500 Points? You Could Win!

Anyone who reaches 500 points by November 15 will be entered into a raffle!

### Visit Your Grande Wellness Portal Now to Start Earning!

Log into your Asset Health account by going to [grandehealth.com](https://grandehealth.com) > **Asset Health** to access your Asset Health account.

**Questions?** Contact Asset Health at [support@assethealth.com](mailto:support@assethealth.com) or 855-444-1255.

*\*If blood work is deemed necessary by your provider for proper health management, you will still be able to have your blood drawn by making an appointment at the clinic; however, it will not be tied to the Asset Health incentive program for this year.*