



Asset Health - Your Online Wellness Portal

Grande has partnered with Asset Health to provide you access to a variety of resources and online courses that will help you better understand your overall health and wellbeing. These resources assist you in taking a more direct and active role in the successful management of your most important asset — *your health!*

Earn Your Incentive – Medically Enrolled Associates

The Grande Health & Wellness Asset Health portal not only offers the chance to improve your health, but also to earn your Medical Premium Discount - up to \$650 a year for Associates, or up to \$910 for Associate + Spouse! (*\$25/paycheck Associates, \$35/paycheck for Associate + Spouse*)

For the current 2020 program year, medically enrolled Associates and covered spouses who earn **350** points through their Asset Health portal by Nov. 15, 2020 will be eligible to earn a medical premium discount for the 2021 plan year. Your point balance in the Asset Health portal will reset to zero beginning Jan. 1, 2021.

For the 2021 program year, medically enrolled Associates and covered spouses who earn the required amount of points through their Asset Health portal by Nov. 15, 2021 will be eligible to earn a medical premium discount for the 2022 plan year.

Non-medically enrolled Associates/spouses are encouraged to participate in the program to support their personal wellbeing and maximize the health and culture at Grande.

You Could Win!

All participants will be eligible for additional raffle prizes and incentives throughout the year. Past prizes have included reusable water bottles, gym tote bags, and \$100 gift cards!

Complete qualifying activities to earn points and increase your chances of winning great wellness prizes! Login to the portal for a full list of eligible activities.

The following resources and features are available to aid you on your wellness journey:

- Online wellness courses tailored to your health needs
- Online Health Assessment
- Wellness challenges
- Healthy recipes
- Points tracking
- Fitness device syncing
- Asset Health TALK newsletters
- And more!

Get Started

Visit www.grandehealth.com on your desktop or mobile device and click the “Asset Health” tile to get started. Download the Asset Health Mobile app for portal access at your fingertips!

Login Information

Username: first initial and last name and last four digits of SSN

Password: date of birth (mmddyyyy)

First-time users: You will be asked to change your username and password after logging in.