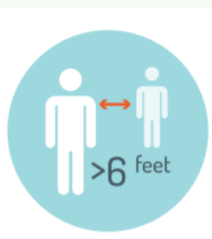
COVID-19 Vaccine Facts

Fact #1:

The vaccine is safe.

The U.S. vaccine safety system makes sure that all vaccines are as safe as possible before being released to the public. All the COVID-19 vaccines that are being used have gone through the same safety tests and meet the same standards as any other vaccines produced through the years.



Fact #2

You will still need to practice safety measures.

Even after you get your vaccine, you will need to keep wearing a mask that covers your nose and mouth, washing your hands often, and staying at least 6 feet away from other people you do not live with. This gives you and others the best protection from catching the virus.

Fact #3:

The vaccine cannot give you COVID-19.

The vaccine may cause side effects, like sore muscles, feeling tired, or mild fever. These reactions mean the vaccine is working to help teach your body how to fight COVID-19 if you are exposed. For most people, these side effects will last no longer than a day or two. Having these types of side effects does NOT mean that you have COVID-19.

Fact #4:

If you've had COVID-19, you can still benefit from the vaccine.

It is currently unknown how long you may have natural immunity after contracting COVID-19; therefore, it is recommended that you receive a vaccine even after having the virus.

Fact #5:

The vaccine can protect you from multiple strains of the virus.

Studies show that COVID-19 vaccines are very effective at keeping you from getting COVID-19 and variant strains. Experts also think that getting a COVID-19 vaccine may help keep you from getting seriously ill even if you do get COVID-19.

Fact #6:

You won't immediately have full immunity.

It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until a week or two after your second shot.

Fact #7:

The COVID-19 Vaccines are 94-95% effective.

COVID vaccines are mRNA vaccines (different from the flu shot!), which teach our cells how to make a protein that triggers an immune response inside our bodies. This produces antibodies to protect us from getting infected by the virus.

Visit www.grandehealth.com > COVID-19 for more vaccine information

Source • Centers for Disease Control and Prevention (cdc.gov)