# FITNESS REIMBURSEMENT FORM -**VIRTUAL FITNESS OR MENTAL WELL-BEING** MEMBERSHIP



1. Complete the Associate Information and Virtual Membership Information on the form.

2. Include with this form a receipt of your payment for the virtual membership.

3. Return this form and proof of purchase to the Benefits Department by January 31 each year or within 30 days of signing up for a membership.

4. For reimbursement, Associates must attend at least 10 virtual sessions per month. At the end of the month, Associates must turn in their completed Tracking Card or a utilization report from their app/program showing their attendance within the first five (5) business days of the following *month*. Depending when payroll ends, reimbursement will be applied on the first week's payroll.

**Note:** All reimbursements are subject to applicable federal, state, and local taxes.

### **ASSOCIATE INFORMATION**

Name:

Associate ID:

Facility Location:

### VIRTUAL MEMBERSHIP INFORMATION

Name of App/Virtual Program:

Type of virtual program: *Please circle* Fitness/Mental Well-being

Cost: \$\_\_\_\_\_ per month

Participants using Membership: (list names and if Associate or spouse)

#### MY VIRTUAL PROGRAM MEETS THE CRITERIA FOR PROVIDING INSTRUCTION OR RESOURCES RELATING TO PHYSICAL ACTIVITY OR MENTAL WELL-BEING. (Ex: Peleton. Beach Body, Les Mills, Calm, Headspace, Buddhify)

#### PLEASE CIRCLE: YES NO

## SIGNATURE

Signature of Associate:

Date:

## **GRANDE HR USE ONLY**

Date Received: Membership Year:

New Enrollee: Y/N

\*Please remember to include with this form a receipt of your payment for the membership.

Contact: Bekah Wegner - Rebekah.Wegner@grande.com - (920) 952-7371