



Take the Health Assessment and Earn 150 Points!

You can take the health assessment any time
between January 1 and December 1, 2021.

Your health is your most valuable asset[®], and you have the power to make the greatest impact on your own health and wellbeing. The health assessment is a short questionnaire that will assist in supporting your journey toward enhanced wellness and providing information that makes sense for your specific situation. All responses and results are confidential and intended for your own knowledge.

To take the health assessment, log in to your Asset Health account by going to www.grandehealth.com > Asset Health and clicking on “Health Assessment”.

For more information on Asset Health and earning your medical premium discount, please contact Bekah Wegner at x7371 or rebekah.wegner@grande.com.