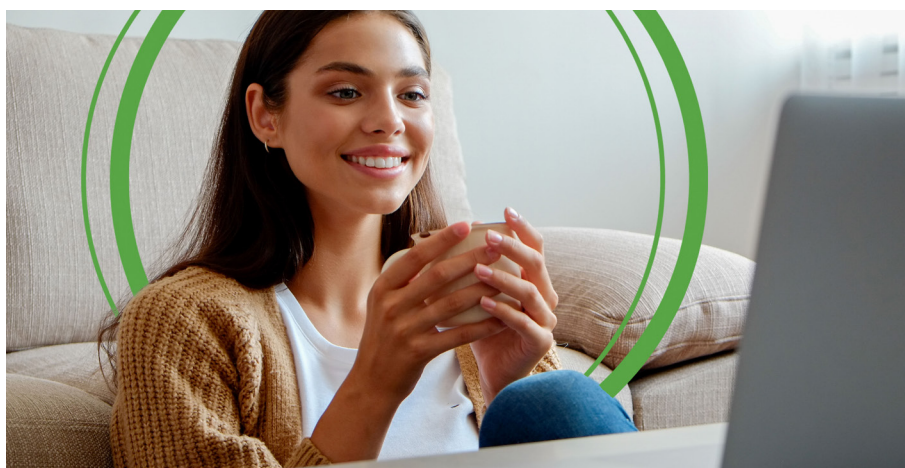


Get care from a specialist virtually

Virtual care is accessible from anywhere, on your schedule, and is designed for affordability. UMR members using a UnitedHealthcare network have access to quality virtual specialists who may help you create a personalized care plan, eliminating the inconvenience of travel and waiting rooms.



Meet online with a specialist for these conditions and more

- Dermatology
- Gastroenterology
- Migraine care
- Sleep conditions
- Speech therapy
- Women's health*

Built for easy access

Get a care plan from the comfort of your home, or anywhere on the go, through secure video, chat or email.

Works on your schedule

Request a visit and get care sooner, as early as the same day for some providers. Virtual care revolves around you, helping you find support when you need it, in a way that may work best for you.

Designed for affordable, quality care

Get access to care from specialists trained to understand your condition and deliver personalized care wherever you are.



Get started

Sign into **umr.com** or the UMR app to find virtual specialists for your care needs.